

SONIC® Drive-In Menu Nutrition Guide

NOTE: When printing this guide your printer's layout properties will need to be set to landscape orientation.

Product	Calories (G)	Calories From Fat (G)	Total Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (MG)	Sodium (MG)	Carbs (G)	Fiber (G)	Sugar (G)	Protein (G)	Vitamin A	Vitamin C	Calcium	Iron	Weight (G)
BURGERS																
SONIC® BURGER (W/MAYONNAISE)	740	430	48	15	1.5	110	760	44	2	7	31	6%	8%	20%	30%	265
SONIC® BURGER (W/MUSTARD)	640	330	37	14	1.5	100	790	43	2	7	31	6%	8%	20%	30%	258
SONIC® BURGER (W/KETCHUP)	650	340	37	14	1.5	100	860	46	2	10	32	8%	10%	20%	30%	265
SONIC® CHEESEBURGER (W/MAYONNAISE)	800	480	54	18	1.5	130	1090	44	2	7	35	10%	8%	30%	30%	283
SONIC® CHEESEBURGER (W/MUSTARD)	710	380	43	17	1.5	120	1120	43	2	7	35	10%	8%	30%	30%	276
SONIC® CHEESEBURGER (W/KETCHUP)	720	380	43	17	1.5	120	1190	47	2	10	35	15%	10%	30%	30%	283
SONIC® BACON CHEESEBURGER (W/MAYO)	870	530	59	20	1.5	140	1350	45	2	7	39	10%	8%	30%	30%	296
<i>Super</i> SONIC® DOUBLE CHEESEBURGER (W/MAYO)	1220	780	87	34	3.5	245	1520	45	2	8	63	15%	8%	40%	40%	401
<i>Super</i> SONIC® DOUBLE CHEESEBURGER (W/MUSTARD)	1120	680	76	32	3.5	235	1550	44	2	8	63	15%	8%	40%	40%	394
<i>Super</i> SONIC® DOUBLE CHEESEBURGER (W/KETCHUP)	1130	680	76	32	3.5	235	1620	47	2	11	63	20%	10%	40%	40%	401
<i>Super</i> SONIC® BACON DOUBLE CHEESEBURGER (W/MAYO)	1280	830	92	36	3.5	260	1630	44	2	7	67	15%	6%	40%	40%	395
JR. BURGER	340	150	17	6	0.5	35	640	34	1	6	15	2%	4%	6%	15%	127
JR. DELUXE BURGER	380	200	23	6	0.5	40	470	32	1	4	15	2%	4%	6%	15%	144
JR. DELUXE CHEESEBURGER	450	250	28	9	0.5	60	800	33	1	4	19	6%	4%	15%	15%	162
JR. DOUBLE CHEESEBURGER	600	350	38	16	1.5	110	1350	35	1	7	31	15%	4%	25%	20%	200
* <i>Super</i> SONIC® JALAPEÑO DOUBLE CHEESEBURGER	1120	680	76	32	3.5	235	1690	43	2	7	63	15%	2%	40%	40%	371
*JALAPEÑO BURGER	640	330	37	14	1.5	100	930	42	2	6	31	4%	2%	20%	30%	235
*GREEN CHILE CHEESEBURGER	710	380	43	17	1.5	120	1120	44	2	7	35	10%	25%	30%	30%	304
VEGGIE BURGER (W/ MUSTARD)	450	130	14	3.5	0	10	1300	64	5	8	15	6%	8%	25%	20%	254
VEGGIE BURGER (W/ MAYONNAISE)	540	230	25	5	0	20	1290	65	5	8	15	6%	8%	25%	20%	261
VEGGIE BURGER (W/ KETCHUP)	450	130	14	3.5	0	10	1410	67	5	11	15	6%	8%	25%	20%	261

Product	Calories (G)	Calories From Fat (G)	Total Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (MG)	Sodium (MG)	Carbs (G)	Fiber (G)	Sugar (G)	Protein (G)	Vitamin A	Vitamin C	Calcium	Iron	Weight (G)
PERSONALIZE IT																
AMERICAN CHEESE	70	50	6	3	0	20	330	1	0	0	4	6%	0%	10%	0%	18
CRISPY BACON	70	50	5	2	0	15	260	0	0	0	4	0%	0%	0%	2%	13
HOT CHILI	50	35	3.5	1.5	0	10	160	2	1	1	3	6%	2%	2%	2%	33
SPICY JALAPEÑOS	5	0	0	0	0	0	280	1	1	0	0	2%	0%	2%	2%	21
*GREEN CHILES	5	0	0	0	0	0	5	1	0	0	0	0%	15%	0%	0%	28
*SLAW	45	30	3	0.5	0	5	45	4	1	1	0	4%	80%	2%	0%	28
HICKORY BBQ SAUCE	40	0	0	0	0	0	450	10	0	8	0	2%	2%	0%	2%	28
LIGHT RANCH DRESSING	70	50	6	1	0	10	290	3	0	2	1	0%	0%	2%	0%	28
*GRILLED ONIONS	25	15	2	0	0	0	200	2	1	1	0	0%	0%	0%	2%	28
KIDS' MEALS																
JR. BURGER	340	150	17	6	0.5	35	640	34	1	6	15	2%	4%	6%	15%	127
CORN DOG	210	100	11	3.5	0	20	530	23	2	4	6	0%	0%	4%	6%	74
GRILLED CHEESE SANDWICH	410	170	18	7	0	35	1040	45	1	6	14	10%	4%	35%	15%	121
CHICKEN STRIPS (2)	200	100	11	2	0	30	470	10	1	0	14	0%	2%	0%	4%	70
ALL BEEF REGULAR HOT DOG - 6"	320	160	18	7	0	40	870	27	1	3	11	0%	2%	8%	30%	106
TATER TOTS - SMALL	130	70	8	1.5	0	0	270	13	1	0	1	0%	0%	2%	2%	44
FRENCH FRIES - SMALL	200	70	8	1.5	0	0	270	30	2	0	2	0%	2%	2%	2%	71
APPLE SLICES	35	0	0	0	0	0	0	9	2	7	0	0%	80%	0%	0%	68
APPLE SLICES W/FAT-FREE CARAMEL DIPPING SAUCE	110	0	0	0	0	0	60	28	2	15	0	0%	80%	4%	0%	96
MILK (1%)	110	20	2.5	1.5	0	10	130	13	0	12	8	10%	0%	30%	0%	244
MILK, CHOCOLATE (1%)	160	20	2.5	1.5	0	10	210	27	0	25	8	10%	0%	30%	2%	244
MINUTE MAID® APPLE JUICE BOX	100	0	0	0	0	0	15	23	0	21	0	0%	100%	10%	0%	191
HI-C® FRUIT PUNCH - WACKY PACK® (12 OZ)	120	0	0	0	0	0	10	31	0	31	0	0%	110%	0%	0%	278

Product	Calories (G)	Calories From Fat (G)	Total Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (MG)	Sodium (MG)	Carbs (G)	Fiber (G)	Sugar (G)	Protein (G)	Vitamin A	Vitamin C	Calcium	Iron	Weight (G)
TOASTER® SANDWICHES																
*CHICKEN CLUB TOASTER® SANDWICH	810	410	46	11	0	90	1730	63	4	7	36	10%	15%	25%	25%	282
*BACON CHEESEBURGER TOASTER®	840	440	49	19	2	130	1490	59	2	13	40	10%	15%	30%	30%	295
*BLT TOASTER® SANDWICH	550	270	30	7	0	35	1000	53	2	7	16	6%	10%	15%	20%	162
*COUNTRY FRIED STEAK TOASTER®	700	310	35	9	0	50	1370	81	3	7	15	6%	10%	20%	30%	256
*COUNTRY FRIED STEAK SANDWICH	670	330	37	10	0	50	1410	71	2	6	14	6%	6%	15%	30%	246
WRAPS																
GRILLED CHICKEN WRAP	390	130	14	3.5	0	80	1420	39	2	5	28	6%	8%	20%	15%	250
CRISPY CHICKEN WRAP	490	210	23	5	0	40	1280	49	3	5	21	6%	10%	15%	15%	234
CHICKEN																
*CHICKEN STRIPS (3)	300	150	16	3	0	50	700	16	2	0	21	0%	2%	2%	6%	105
*CHICKEN STRIPS (5)	490	250	27	5	0.5	80	1170	26	3	0	36	2%	4%	2%	10%	175
*GRILLED CHICKEN SANDWICH	420	190	21	3	0	80	960	32	3	8	28	6%	6%	10%	10%	224
*CRISPY CHICKEN SANDWICH	560	270	30	4.5	0	55	1020	47	4	8	28	6%	10%	10%	15%	233
*JUMBO POPCORN CHICKEN® - SMALL (4oz)	380	190	22	4	0	45	1250	27	3	1	18	0%	0%	2%	10%	113
*JUMBO POPCORN CHICKEN® - LARGE (6oz)	560	290	32	6	0.5	65	1890	41	5	2	27	0%	0%	4%	15%	170
CHICKEN STRIP SANDWICH	450	220	24	4	0	35	740	43	1	4	19	0%	0%	4%	15%	155
RANCH SAUCE	150	140	16	2.5	0	10	230	1	0	1	0	0%	0%	0%	0%	28
HONEY MUSTARD SAUCE	90	60	7	1	0	15	190	7	0	4	0	0%	0%	0%	0%	28
BBQ SAUCE	35	0	0	0	0	0	380	9	0	6	0	0%	0%	0%	2%	28
SANDWICHES & DINNERS																
*PHILLY CHEESESTEAK SANDWICH	540	200	23	10	1.5	90	1240	48	3	4	36	10%	25%	15%	45%	253
*FISH SANDWICH	600	280	31	5	0	40	1190	60	3	7	18	0%	2%	15%	20%	222
*CRAB SANDWICH	460	180	20	2.5	0	35	380	57	2	6	14	4%	6%	10%	15%	213

Product	Calories (G)	Calories From Fat (G)	Total Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (MG)	Sodium (MG)	Carbs (G)	Fiber (G)	Sugar (G)	Protein (G)	Vitamin A	Vitamin C	Calcium	Iron	Weight (G)
*CAROLINA PULLED PORK SANDWICH	730	340	38	14	0	70	2020	67	4	20	31	20%	180%	10%	15%	317
*CHICKEN STRIP DINNER	1010	410	46	8	1	65	1970	111	7	8	37	0%	10%	15%	25%	408
*2PC. FISH DINNER (W/SLAW & TEXAS TOAST)	640	280	31	6	0.5	65	1410	63	5	4	27	4%	80%	10%	20%	266
CONEYS																
CORN DOG	210	100	11	3.5	0	20	530	23	2	4	6	0%	0%	4%	6%	74
FOOTLONG QUARTER POUND CONEY	830	490	54	22	0.5	85	1940	54	3	9	30	15%	4%	30%	25%	291
ALL BEEF REGULAR HOT DOG - 6"	320	160	18	7	0	40	870	27	1	3	11	0%	2%	8%	30%	106
ALL BEEF NEW YORK DOG - 6"	340	170	19	7	0	40	1250	30	3	4	13	2%	10%	8%	35%	156
ALL BEEF ALL-AMERICAN STYLE DOG - 6"	370	160	18	7	0	40	1180	40	1	15	12	2%	4%	8%	30%	142
ALL BEEF CHICAGO DOG - 6"	430	180	20	7	0	40	2310	49	1	17	14	4%	6%	10%	35%	244
ALL BEEF CHILI CHEESE CONEY - 6"	410	230	26	11	0	65	1140	30	2	4	17	10%	2%	20%	35%	153
SNACKS & SIDES																
ONION RINGS - MEDIUM	440	190	21	3.5	0	0	430	55	3	14	6	0%	0%	2%	6%	156
ONION RINGS - LARGE	640	280	31	5	0.5	0	630	80	4	20	9	0%	0%	4%	8%	227
TATER TOTS - SMALL	130	70	8	1.5	0	0	270	13	1	0	1	0%	0%	2%	2%	44
TATER TOTS - MEDIUM	200	120	13	2.5	0	0	440	20	2	0	2	0%	0%	2%	2%	70
TATER TOTS - LARGE	330	190	21	4	0	0	720	33	4	0	2	0%	0%	2%	2%	115
TATER TOTS W/CHEESE - SMALL	190	120	14	4.5	0	20	600	13	1	1	4	6%	0%	10%	2%	62
TATER TOTS W/CHEESE - MEDIUM	300	190	21	7	0	25	940	21	2	1	7	8%	0%	15%	2%	97
TATER TOTS W/CHEESE - LARGE	540	330	37	11	0	35	1550	42	4	1	10	10%	0%	25%	4%	177
TATER TOTS W/CHILI & CHEESE - SMALL	230	150	16	6	0	10	660	15	2	1	6	10%	2%	10%	4%	91
TATER TOTS W/CHILI & CHEESE - MEDIUM	390	240	27	9	0.5	20	1100	25	3	2	11	15%	2%	15%	8%	158
TATER TOTS W/CHILI & CHEESE - LARGE	680	410	46	15	1	25	1820	49	6	3	17	25%	4%	25%	10%	270

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FRENCH FRIES - SMALL	200	70	8	1.5	0	0	270	30	2	0	2	0%	2%	2%	2%	71
FRENCH FRIES - MEDIUM	330	120	13	2.5	0	0	440	48	4	0	4	0%	4%	2%	4%	113
FRENCH FRIES - LARGE	450	160	18	3.5	0	0	600	67	5	0	5	0%	6%	2%	6%	156
FRENCH FRIES W/CHEESE - SMALL	330	150	16	5	0	20	680	40	3	0	6	6%	4%	10%	4%	110
FRENCH FRIES W/CHEESE - MEDIUM	460	210	23	7	0	30	990	55	4	1	9	8%	6%	15%	6%	155
FRENCH FRIES W/CHEESE - LARGE	740	320	36	11	0	35	1480	92	7	1	14	10%	8%	25%	8%	249
FRENCH FRIES W/CHILI & CHEESE - SMALL	510	240	27	9	0.5	20	1100	54	5	2	13	15%	6%	15%	10%	201
FRENCH FRIES W/CHILI & CHEESE - MEDIUM	540	250	28	9	0.5	15	1100	59	5	1	13	15%	8%	15%	10%	206
FRENCH FRIES W/CHILI & CHEESE - LARGE	850	380	43	14	1	25	1680	98	8	2	19	20%	10%	25%	15%	326
*PICKLE-O'S®	310	150	16	3	0	0	1020	36	2	2	5	0%	0%	8%	6%	113
MOZZARELLA STICKS (5)	440	200	22	9	0.5	45	1050	40	2	1	19	10%	0%	45%	6%	140
*CHED 'R' BITES® (12)	280	140	15	6	0	30	740	22	1	0	13	8%	0%	35%	4%	84
*CHED 'R' PEPPERS® (4)	330	150	17	6	1	25	1110	36	2	2	8	8%	0%	15%	4%	120
*FRITOS® CHILI CHEESE PIE - MEDIUM	510	310	34	10	0.5	15	1000	36	3	2	14	15%	2%	20%	6%	145
*FRITOS® CHILI CHEESE PIE - LARGE	970	580	64	18	1	35	1780	71	6	3	25	30%	4%	35%	10%	275
APPLE SLICES	35	0	0	0	0	0	0	9	2	7	0	0%	80%	0%	0%	68
APPLE SLICES W/FAT-FREE CARAMEL DIPPING SAUCE	110	0	0	0	0	0	60	28	2	15	0	0%	80%	4%	0%	96
SONIC BLAST®																
OREO® SONIC BLAST® - REGULAR (14 OZ)	680	330	37	25	0	130	460	78	1	70	11	25%	0%	35%	4%	349
OREO® SONIC BLAST® - LARGE (20 OZ)	1020	490	54	36	0	190	690	118	1	104	15	40%	0%	50%	8%	511
M&M'S® SONIC BLAST® - REGULAR (14 OZ)	750	360	40	28	0	130	380	86	1	81	11	25%	0%	35%	2%	360
M&M'S® SONIC BLAST® - LARGE (20 OZ)	1130	540	60	41	0	190	570	132	1	124	17	40%	0%	50%	4%	531
REESE'S® PEANUT BUTTER CUPS SONIC BLAST® - REG. (14 OZ)	710	320	35	25	0	135	430	88	1	77	13	25%	0%	35%	2%	358
REESE'S® PEANUT BUTTER CUPS SONIC BLAST® - LRG. (20 OZ)	1070	460	52	36	0	195	640	134	1	116	19	40%	0%	50%	2%	527

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BUTTERFINGER® SONIC BLAST® - REG. (14 OZ)	730	350	38	26	0	130	410	87	0	75	11	25%	0%	35%	2%	359
BUTTERFINGER® SONIC BLAST® - LARGE (20 OZ)	1100	510	57	38	0	190	610	132	0	113	17	40%	0%	50%	2%	529
SNICKERS® SONIC BLAST® - REGULAR (14 OZ)	690	340	38	25	0	135	410	77	0	72	11	25%	0%	35%	0%	350
SNICKERS® SONIC BLAST® - LARGE (20 OZ)	1040	510	57	37	0	195	610	118	1	110	17	40%	0%	50%	2%	517
SHAKES																
VANILLA SHAKE - REGULAR (14 OZ)	480	240	27	19	0	100	290	54	0	51	8	20%	0%	25%	0%	323
VANILLA SHAKE - LARGE (20 OZ)	630	320	35	25	0	135	380	71	0	67	10	25%	0%	35%	0%	438
CHOCOLATE SHAKE - REGULAR (14 OZ)	590	240	27	19	0	100	330	79	0	51	8	20%	0%	25%	4%	361
CHOCOLATE SHAKE - LARGE (20 OZ)	850	320	35	25	0	135	460	122	0	67	10	25%	0%	35%	8%	514
STRAWBERRY SHAKE - REGULAR (14 OZ)	520	240	27	19	0	100	290	63	1	59	8	20%	20%	25%	0%	358
STRAWBERRY SHAKE - LARGE (20 OZ)	710	320	35	25	0	135	400	90	2	84	11	25%	40%	35%	2%	508
BANANA SHAKE - REGULAR (14 OZ)	520	240	27	19	0	100	290	63	1	56	8	20%	6%	25%	0%	364
BANANA SHAKE - LARGE (20 OZ)	700	320	35	25	0	135	380	88	2	76	11	30%	10%	35%	2%	514
PINEAPPLE SHAKE - REGULAR (14 OZ)	530	240	27	19	0	100	290	65	0	61	8	20%	25%	25%	0%	358
PINEAPPLE SHAKE - LARGE (20 OZ)	720	320	35	25	0	135	390	93	0	87	10	25%	50%	35%	0%	508
CARAMEL SHAKE - REGULAR (14 OZ)	600	250	28	20	0	105	410	79	0	67	8	20%	0%	25%	0%	361
CARAMEL SHAKE - LARGE (20 OZ)	870	340	38	27	0	145	620	121	0	99	10	25%	0%	35%	0%	514
MALTS																
VANILLA MALT - REGULAR (14 OZ)	500	250	27	19	0	105	300	56	0	52	8	20%	0%	25%	0%	326
VANILLA MALT - LARGE (20 OZ)	660	330	37	26	0	140	400	75	0	70	11	30%	0%	35%	2%	444
CHOCOLATE MALT - REGULAR (14 OZ)	600	250	27	19	0	105	340	81	0	52	8	20%	0%	25%	4%	364
CHOCOLATE MALT - LARGE (20 OZ)	860	320	36	25	0	135	470	124	0	68	11	25%	0%	35%	8%	517
STRAWBERRY MALT - REGULAR (14 OZ)	530	250	27	19	0	105	300	65	1	61	8	20%	20%	25%	2%	361
STRAWBERRY MALT - LARGE (20 OZ)	740	330	37	26	0	140	420	94	2	88	11	30%	40%	35%	2%	514

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BANANA MALT - REGULAR (14 OZ)	530	250	27	19	0	105	300	65	1	57	9	20%	6%	25%	2%	367
BANANA MALT - LARGE (20 OZ)	730	330	37	26	0	140	400	92	2	79	12	30%	10%	35%	2%	520
PINEAPPLE MALT - REGULAR (14 OZ)	540	250	27	19	0	105	300	67	0	62	8	20%	25%	25%	0%	361
PINEAPPLE MALT - LARGE (20 OZ)	750	330	37	26	0	140	410	97	0	90	11	30%	50%	35%	2%	514
CARAMEL MALT - REGULAR (14 OZ)	620	260	29	20	0	110	420	81	0	68	8	20%	0%	25%	0%	364
CARAMEL MALT - LARGE (20 OZ)	900	360	40	28	0	150	640	125	0	102	11	30%	0%	35%	2%	520
HOT FUDGE MALT - REGULAR (14 OZ)	630	290	32	24	0	105	350	75	1	65	8	20%	0%	25%	2%	362
HOT FUDGE MALT - LARGE (20 OZ)	920	420	47	35	0	140	510	113	2	96	11	30%	0%	35%	6%	516
CREAMSLUSH® TREATS																
STRAWBERRY CREAMSLUSH® TREAT - REG. (14 OZ)	390	140	15	11	0	55	180	61	1	58	5	10%	20%	15%	0%	352
STRAWBERRY CREAMSLUSH® TREAT - LRG. (20 OZ)	600	210	24	17	0	90	280	92	2	87	7	20%	40%	25%	2%	507
ORANGE CREAMSLUSH® TREAT - REGULAR (14 OZ)	370	140	15	11	0	55	180	56	0	53	4	10%	0%	15%	0%	326
ORANGE CREAMSLUSH® TREAT - LARGE (20 OZ)	560	210	24	17	0	90	270	83	0	78	7	20%	0%	25%	0%	456
CHERRY CREAMSLUSH® TREAT - REGULAR (14 OZ)	370	140	15	11	0	55	170	57	0	55	4	10%	0%	15%	0%	326
CHERRY CREAMSLUSH® TREAT - LARGE (20 OZ)	570	210	24	17	0	90	270	84	0	81	7	20%	0%	25%	0%	456
GRAPE CREAMSLUSH® TREAT - REGULAR (14 OZ)	370	140	15	11	0	55	180	56	0	54	4	10%	0%	15%	0%	326
GRAPE CREAMSLUSH® TREAT - LARGE (20 OZ)	560	210	24	17	0	90	280	82	0	79	7	20%	0%	25%	0%	456
WATERMELON CREAMSLUSH® TREAT - REGULAR (14 OZ)	370	140	15	11	0	55	170	57	0	53	4	10%	0%	15%	0%	326
WATERMELON CREAMSLUSH® TREAT - LARGE (20 OZ)	570	210	24	17	0	90	270	84	0	78	7	20%	0%	25%	0%	456
BLUE COCONUT CREAMSLUSH® TREAT - REG. (14 OZ)	370	140	15	11	0	55	170	56	0	53	4	10%	0%	15%	0%	326
BLUE COCONUT CREAMSLUSH® TREAT - LRG. (20 OZ)	560	210	24	17	0	90	270	82	0	77	7	20%	0%	25%	2%	455
LEMON CREAMSLUSH® TREAT - REG. (14 OZ)	370	140	15	11	0	55	170	57	0	53	4	10%	8%	15%	0%	335
LEMON CREAMSLUSH® TREAT - LARGE (20 OZ)	560	210	24	17	0	90	270	84	0	76	7	20%	15%	25%	2%	473
LEMONBERRY CREAMSLUSH® TREAT - REG. (14 OZ)	390	140	15	11	0	55	180	62	1	58	5	10%	25%	15%	0%	361
LEMONBERRY CREAMSLUSH® TREAT - LRG. (20 OZ)	600	210	24	17	0	90	280	93	2	88	7	20%	50%	25%	2%	525

Product	Calories (G)	Calories From Fat (G)	Total Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (MG)	Sodium (MG)	Carbs (G)	Fiber (G)	Sugar (G)	Protein (G)	Vitamin A	Vitamin C	Calcium	Iron	Weight (G)
LIME CREAMSLUSH® TREAT - REGULAR (14 OZ)	370	140	15	11	0	55	170	57	0	52	4	10%	4%	15%	0%	333
LIME CREAMSLUSH® TREAT - LARGE (20 OZ)	560	210	24	17	0	90	270	83	0	76	7	20%	8%	25%	2%	469
OLD SCHOOL FLOATS																
COCA-COLA® FLOAT/BLENDED FLOAT - REG. (14 OZ)	330	130	14	10	0	55	160	49	0	47	4	10%	0%	15%	0%	327
COCA-COLA® FLOAT/BLENDED FLOAT - LRG. (20 OZ)	510	200	23	16	0	90	260	72	0	70	7	20%	0%	25%	0%	474
DIET COKE® FLOAT/BLENDED FLOAT - REG. (14 OZ)	260	130	14	10	0	55	160	29	0	27	4	10%	0%	15%	0%	320
DIET COKE® FLOAT/BLENDED FLOAT - LRG. (20 OZ)	410	200	23	16	0	90	260	46	0	43	7	20%	0%	25%	0%	464
*COKE ZERO® FLOAT/BLENDED FLOAT - REG. (14 OZ)	260	130	14	10	0	55	180	29	0	27	4	10%	0%	15%	0%	327
*COKE ZERO® FLOAT/BLENDED FLOAT - LRG. (20 OZ)	410	200	23	16	0	90	280	46	0	43	7	20%	0%	25%	0%	474
*FANTA® ORANGE FLOAT/BLENDED FLOAT - REG. (14 OZ)	340	130	14	10	0	55	160	51	0	49	4	10%	0%	15%	0%	327
*FANTA® ORANGE FLOAT/BLENDED FLOAT - LRG. (20 OZ)	520	200	23	16	0	90	250	75	0	73	7	20%	0%	25%	0%	474
DR PEPPER® FLOAT/BLENDED FLOAT - REG. (14 OZ)	320	130	14	10	0	55	180	48	0	46	4	10%	0%	15%	0%	327
DR PEPPER® FLOAT/BLENDED FLOAT - LRG. (20 OZ)	500	200	23	16	0	90	280	71	0	69	7	20%	0%	25%	0%	474
DIET DR PEPPER® FLOAT/BLENDED FLOAT - REG. (14 OZ)	260	130	14	10	0	55	190	28	0	27	4	10%	0%	15%	0%	320
DIET DR PEPPER® FLOAT/BLENDED FLOAT - LRG. (20 OZ)	410	200	23	16	0	90	300	45	0	43	7	20%	0%	25%	0%	464
BARQ'S® ROOT BEER FLOAT/BLENDED FLOAT - REG. (14 OZ)	340	130	14	10	0	55	170	51	0	50	4	10%	0%	15%	0%	328
BARQ'S® ROOT BEER FLOAT/BLENDED FLOAT - LRG. (20 OZ)	520	200	23	16	0	90	270	75	0	73	7	20%	0%	25%	0%	475
SPRITE® FLOAT/BLENDED FLOAT - REGULAR (14 OZ)	330	130	14	10	0	55	170	48	0	47	4	10%	0%	15%	0%	327
SPRITE® FLOAT/BLENDED FLOAT - LARGE (20 OZ)	510	200	23	16	0	90	270	72	0	69	7	20%	0%	25%	0%	474
SPRITE ZERO® FLOAT/BLENDED FLOAT - REGULAR (14OZ)	260	130	14	10	0	55	160	28	0	27	4	10%	0%	15%	0%	327
SPRITE ZERO® FLOAT/BLENDED FLOAT - LARGE (20 OZ)	410	200	23	16	0	90	260	45	0	43	7	20%	0%	25%	0%	474
DESSERTS																
BANANA SPLIT	490	160	18	13	0	70	210	76	2	53	6	15%	35%	20%	4%	309

Product	Calories (G)	Calories From Fat (G)	Total Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (MG)	Sodium (MG)	Carbs (G)	Fiber (G)	Sugar (G)	Protein (G)	Vitamin A	Vitamin C	Calcium	Iron	Weight (G)
SINGLE TOPPING SUNDAES																
HOT FUDGE	520	240	27	20	0	80	280	63	1	54	6	15%	0%	20%	2%	247
STRAWBERRY	410	180	20	14	0	80	230	52	1	48	6	15%	20%	20%	4%	240
CHOCOLATE	500	200	22	16	0	80	260	69	0	41	6	15%	0%	20%	0%	249
PINEAPPLE	440	200	22	16	0	80	230	55	0	51	6	15%	25%	20%	0%	246
CARAMEL	510	210	23	17	0	85	340	69	0	57	6	15%	0%	20%	0%	249
NUTS ADD-ON	20	15	1.5	0	0	0	0	1	0	0	1	0%	0%	0%	0%	3.5
CONE AND DISH																
VANILLA CONE	250	120	13	9	0	50	150	31	0	24	4	10%	0%	15%	0%	133
VANILLA DISH	240	120	13	9	0	55	140	26	0	25	4	10%	0%	15%	0%	131
REAL FRUIT SLUSHES																
LEMON REAL FRUIT SLUSH - WACKY PACK® (12 OZ)	170	0	0	0	0	0	25	45	0	43	0	0%	8%	0%	0%	344
LEMON REAL FRUIT SLUSH - SMALL (14 OZ)	190	0	0	0	0	0	30	52	0	50	0	0%	8%	0%	0%	399
LEMON REAL FRUIT SLUSH - MEDIUM (20 OZ)	290	0	0	0	0	0	45	77	0	72	0	0%	15%	0%	2%	577
LEMON REAL FRUIT SLUSH - LARGE (32 OZ)	450	0	0	0	0	0	70	122	0	115	0	0%	20%	0%	2%	921
LEMON REAL FRUIT SLUSH - RT 44® (44 OZ)	620	0	0	0	0	0	95	167	1	158	0	0%	30%	0%	2%	1265
LEMONBERRY REAL FRUIT SLUSH - WACKY PACK® (12 OZ)	160	0	0	0	0	0	25	44	0	43	0	0%	15%	0%	0%	345
LEMONBERRY REAL FRUIT SLUSH - SMALL (14 OZ)	190	0	0	0	0	0	30	51	0	50	0	0%	15%	0%	0%	401
LEMONBERRY REAL FRUIT SLUSH - MEDIUM (20 OZ)	280	0	0	0	0	0	45	75	1	73	1	0%	35%	0%	0%	580
LEMONBERRY REAL FRUIT SLUSH - LARGE (32 OZ)	440	0	0	0	0	0	75	119	1	116	0	0%	50%	0%	0%	925
LEMONBERRY REAL FRUIT SLUSH - RT 44® (44 OZ)	610	0	0	0	0	0	100	163	2	160	1	0%	70%	2%	2%	1271
LIME REAL FRUIT SLUSH - WACKY PACK® (12 OZ)	170	0	0	0	0	0	25	45	0	43	0	0%	4%	0%	0%	342
LIME REAL FRUIT SLUSH - SMALL (14 OZ)	190	0	0	0	0	0	30	52	0	50	0	0%	4%	0%	0%	397
LIME REAL FRUIT SLUSH - MEDIUM (20 OZ)	290	0	0	0	0	0	45	76	0	72	0	0%	8%	0%	2%	573
LIME REAL FRUIT SLUSH - LARGE (32 OZ)	450	0	0	0	0	0	70	121	0	115	0	0%	10%	0%	2%	915

Product	Calories (G)	Calories From Fat (G)	Total Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (MG)	Sodium (MG)	Carbs (G)	Fiber (G)	Sugar (G)	Protein (G)	Vitamin A	Vitamin C	Calcium	Iron	Weight (G)
LIME REAL FRUIT SLUSH - RT 44® (44 OZ)	620	0	0	0	0	0	95	166	1	158	0	0%	15%	0%	2%	1257
STRAWBERRY REAL FRUIT SLUSH - WACKY PACK® (12 OZ)	160	0	0	0	0	0	25	43	0	43	0	0%	10%	0%	0%	336
STRAWBERRY REAL FRUIT SLUSH - SMALL (14 OZ)	190	0	0	0	0	0	30	50	0	50	0	0%	10%	0%	0%	392
STRAWBERRY REAL FRUIT SLUSH - MEDIUM (20 OZ)	280	0	0	0	0	0	45	73	1	73	0	0%	20%	0%	0%	562
STRAWBERRY REAL FRUIT SLUSH - LARGE (32 OZ)	440	0	0	0	0	0	75	117	1	116	0	0%	30%	0%	0%	898
STRAWBERRY REAL FRUIT SLUSH - RT 44® (44 OZ)	600	0	0	0	0	0	100	160	2	159	0	0%	40%	2%	2%	1235
FAMOUS SLUSHES																
MINUTE MAID® CRANBERRY** SLUSH - WACKY PACK® (12 OZ)	170	0	0	0	0	0	25	45	0	45	0	0%	15%	0%	0%	335
MINUTE MAID® CRANBERRY** SLUSH - SMALL (14 OZ)	190	0	0	0	0	0	30	51	0	51	0	0%	15%	0%	0%	391
MINUTE MAID® CRANBERRY** SLUSH - MED. (20 OZ)	280	0	0	0	0	0	45	76	0	76	0	0%	35%	0%	0%	560
MINUTE MAID® CRANBERRY** SLUSH - LARGE (32 OZ)	450	0	0	0	0	0	70	121	0	120	0	0%	50%	0%	0%	895
MINUTE MAID® CRANBERRY** SLUSH - RT 44® (44 OZ)	620	0	0	0	0	0	95	165	0	165	0	0%	70%	0%	0%	1231
CHERRY SLUSH - WACKY PACK® (12 OZ)	170	0	0	0	0	0	25	45	0	45	0	0%	0%	0%	0%	335
CHERRY SLUSH - SMALL (14 OZ)	190	0	0	0	0	0	30	52	0	52	0	0%	0%	0%	0%	391
CHERRY SLUSH - MEDIUM (20 OZ)	290	0	0	0	0	0	45	77	0	77	0	0%	0%	0%	0%	560
CHERRY SLUSH - LARGE (32 OZ)	460	0	0	0	0	0	70	122	0	122	0	0%	0%	0%	0%	895
CHERRY SLUSH - RT 44® (44 OZ)	630	0	0	0	0	0	100	168	0	167	0	0%	0%	0%	0%	1231
GRAPE SLUSH - WACKY PACK® (12 OZ)	170	0	0	0	0	0	30	44	0	44	0	0%	0%	0%	0%	335
GRAPE SLUSH - SMALL (14 OZ)	190	0	0	0	0	0	35	51	0	51	0	0%	0%	0%	0%	391
GRAPE SLUSH - MEDIUM (20 OZ)	280	0	0	0	0	0	50	75	0	75	0	0%	0%	0%	0%	560
GRAPE SLUSH - LARGE (32 OZ)	450	0	0	0	0	0	80	119	0	119	0	0%	0%	0%	0%	895
GRAPE SLUSH - RT 44® (44 OZ)	610	0	0	0	0	0	110	163	0	163	0	0%	2%	0%	0%	1230
ORANGE SLUSH - WACKY PACK® (12 OZ)	170	0	0	0	0	0	25	45	0	45	0	0%	0%	0%	0%	335
ORANGE SLUSH - SMALL (14 OZ)	190	0	0	0	0	0	30	51	0	51	0	0%	0%	0%	0%	390

Product	Calories (G)	Calories From Fat (G)	Total Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (MG)	Sodium (MG)	Carbs (G)	Fiber (G)	Sugar (G)	Protein (G)	Vitamin A	Vitamin C	Calcium	Iron	Weight (G)
ORANGE SLUSH - MEDIUM (20 OZ)	290	0	0	0	0	0	45	76	0	76	0	0%	0%	0%	0%	559
ORANGE SLUSH - LARGE (32 OZ)	450	0	0	0	0	0	75	120	0	120	0	0%	0%	0%	0%	894
ORANGE SLUSH - RT 44® (44 OZ)	620	0	0	0	0	0	100	165	0	165	0	0%	0%	0%	0%	1229
BLUE COCONUT SLUSH - WACKY PACK® (12 OZ)	170	0	0	0	0	0	25	44	0	43	0	0%	0%	0%	0%	335
BLUE COCONUT SLUSH - SMALL (14 OZ)	190	0	0	0	0	0	30	51	0	50	0	0%	0%	0%	0%	390
BLUE COCONUT SLUSH - MEDIUM (20 OZ)	280	0	0	0	0	0	45	75	0	73	0	0%	0%	0%	2%	559
BLUE COCONUT SLUSH - LARGE (32 OZ)	450	0	0	0	0	0	70	119	0	116	0	0%	0%	0%	2%	894
BLUE COCONUT SLUSH - RT 44® (44 OZ)	610	0	0	0	0	0	95	163	0	160	0	0%	0%	0%	2%	1229
WATERMELON SLUSH - WACKY PACK® (12 OZ)	170	0	0	0	0	0	25	45	0	45	0	0%	0%	0%	0%	335
WATERMELON SLUSH - SMALL (14 OZ)	190	0	0	0	0	0	30	52	0	52	0	0%	0%	0%	0%	391
WATERMELON SLUSH - MEDIUM (20 OZ)	290	0	0	0	0	0	45	77	0	77	0	0%	0%	0%	0%	560
WATERMELON SLUSH - LARGE (32 OZ)	460	0	0	0	0	0	75	122	0	122	0	0%	0%	0%	0%	895
WATERMELON SLUSH - RT 44® (44 OZ)	630	0	0	0	0	0	100	168	0	168	0	0%	0%	0%	0%	1231
*GREEN APPLE SLUSH - WACKY PACK® (12 OZ)	180	0	0	0	0	0	25	47	0	45	0	0%	0%	0%	0%	336
*GREEN APPLE SLUSH - SMALL (14 OZ)	200	0	0	0	0	0	30	54	0	52	0	0%	0%	0%	0%	391
*GREEN APPLE SLUSH - MEDIUM (20 OZ)	300	0	0	0	0	0	45	80	0	77	0	0%	0%	0%	0%	561
*GREEN APPLE SLUSH - LARGE (32 OZ)	480	0	0	0	0	0	75	127	0	122	0	0%	0%	0%	0%	897
*GREEN APPLE SLUSH - RT 44® (44 OZ)	660	0	0	0	0	0	100	174	0	167	0	0%	0%	0%	0%	1233
BREAKFAST ITEMS																
BREAKFAST TOASTER® - SAUSAGE, EGG & CHEESE	680	370	41	13	0.5	340	1440	53	2	7	23	10%	4%	30%	25%	215
BREAKFAST TOASTER® - BACON, EGG & CHEESE	590	280	31	10	0	320	1500	53	2	8	22	15%	4%	30%	25%	188
*BREAKFAST TOASTER® - HAM, EGG & CHEESE	610	240	27	8	0	330	2290	54	2	9	32	10%	4%	30%	25%	281
BREAKFAST BURRITO - SAUSAGE, EGG & CHEESE	500	280	31	11	0.5	300	1380	37	1	2	18	15%	0%	35%	15%	169
BREAKFAST BURRITO - BACON, EGG & CHEESE	470	250	28	10	0.5	300	1470	37	1	2	19	15%	0%	30%	15%	159
*BREAKFAST BURRITO - HAM, EGG & CHEESE	520	230	25	9	0.5	315	2340	39	2	4	31	15%	0%	30%	20%	258
SuperSONIC® BREAKFAST BURRITO	590	330	36	12	1	300	1830	47	3	3	18	20%	4%	35%	20%	239

Product	Calories (G)	Calories From Fat (G)	Total Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (MG)	Sodium (MG)	Carbs (G)	Fiber (G)	Sugar (G)	Protein (G)	Vitamin A	Vitamin C	Calcium	Iron	Weight (G)
CroisSONIC® BREAKFAST SANDWICH - BACON, EGG & CHEESE	560	370	41	15	0	320	1410	28	0	5	19	25%	0%	15%	15%	155
CroisSONIC® BREAKFAST SANDWICH - SAUSAGE, EGG & CHEESE	650	460	51	18	0.5	340	1350	28	0	4	19	20%	0%	20%	15%	182
*CroisSONIC® BREAKFAST SANDWICH - HAM, EGG & CHEESE	580	330	37	13	0	330	2200	30	0	6	29	20%	0%	15%	10%	248
ULTIMATE MEAT & CHEESE BREAKFAST BURRITO™	950	640	71	22	2	525	2160	44	2	2	38	20%	2%	35%	35%	307
STEAK & EGG BREAKFAST BURRITO	710	400	44	15	1.5	630	1800	43	2	3	35	20%	0%	35%	40%	277
*FIESTA STEAK BREAKFAST BURRITO	780	430	48	15	1.5	630	2280	51	3	4	36	30%	10%	35%	40%	348
*BREAKFAST BAGEL SANDWICH WITH SAUSAGE	680	310	34	11	0.5	340	1660	68	2	5	26	10%	0%	20%	30%	233
*BREAKFAST BAGEL SANDWICH WITH BACON	590	220	24	8	0	320	1720	68	2	6	26	15%	0%	20%	25%	206
*BREAKFAST BAGEL SANDWICH WITH HAM	610	180	20	6	0	330	2510	70	2	7	36	10%	0%	20%	25%	299
*BISCUIT SANDWICH WITH SAUSAGE	580	390	43	17	0.5	340	1620	30	1	2	19	10%	0%	15%	15%	182
*BISCUIT SANDWICH WITH BACON	490	300	33	14	0	320	1680	30	1	3	19	15%	0%	15%	15%	155
*BISCUIT SANDWICH WITH HAM	510	260	29	12	0	330	2470	32	1	4	29	10%	0%	15%	10%	248
FRENCH TOAST STICKS (4)	500	280	31	5	0	15	490	49	2	9	7	0%	0%	10%	15%	120
JR. BREAKFAST BURRITO	340	190	21	7	0	220	930	24	0	1	12	10%	0%	20%	15%	116
SYRUP	90	0	0	0	0	0	0	22	0	15	0	0%	0%	0%	0%	28
PREMIUM ROAST COFFEES																
COFFEE - REGULAR (14 OZ)	10	0	0	0	0	0	35	2	1	0	1	0%	0%	2%	0%	415
COFFEE - LARGE (20 OZ)	15	0	0	0	0	0	50	3	1	0	1	0%	0%	2%	0%	593

Product	Calories (G)	Calories From Fat (G)	Total Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (MG)	Sodium (MG)	Carbs (G)	Fiber (G)	Sugar (G)	Protein (G)	Vitamin A	Vitamin C	Calcium	Iron	Weight (G)
JAVA CHILLER, CARAMEL (14 OZ)	520	220	25	18	0	95	350	66	0	57	7	20%	0%	25%	0%	305
JAVA CHILLER, CARAMEL (20 OZ)	710	290	33	23	0	125	500	94	0	78	9	25%	0%	30%	0%	441
JAVA CHILLER, MOCHA (14 OZ)	510	210	24	17	0	90	290	66	0	44	7	20%	0%	25%	2%	305
JAVA CHILLER, MOCHA (20 OZ)	690	280	31	22	0	120	350	90	0	58	9	25%	0%	30%	4%	440
JAVA CHILLER, MOCHA/CARAMEL (14 OZ)	510	210	24	17	0	95	320	66	0	50	7	20%	0%	25%	2%	305
JAVA CHILLER, MOCHA/CARAMEL (20 OZ)	700	290	32	22	0	125	440	94	0	68	9	25%	0%	30%	2%	440
SONIC BOOM® ESPRESSO SHOT	5	0	0	0	0	0	5	1	0	0	0	0%	0%	0%	0%	4
SOFT DRINKS																
COCA-COLA® - WACKY PACK® (12 OZ)	110	0	0	0	0	0	5	30	0	30	0	0%	0%	0%	0%	277
COCA-COLA® - SMALL (14 OZ)	140	0	0	0	0	0	10	39	0	39	0	0%	0%	0%	0%	354
COCA-COLA® - MEDIUM (20 OZ)	170	0	0	0	0	0	10	47	0	47	0	0%	0%	0%	0%	431
COCA-COLA® - LARGE (32 OZ)	270	0	0	0	0	0	15	74	0	74	0	0%	0%	0%	0%	678
COCA-COLA® - RT 44® (44 OZ)	370	0	0	0	0	0	20	101	0	101	0	0%	0%	0%	0%	924
DIET COKE® - WACKY PACK® (12 OZ)	0	0	0	0	0	0	10	0	0	0	0	0%	0%	0%	0%	266
DIET COKE® - SMALL (14 OZ)	0	0	0	0	0	0	15	0	0	0	0	0%	0%	0%	0%	340
DIET COKE® - MEDIUM (20 OZ)	0	0	0	0	0	0	20	0	0	0	0	0%	0%	0%	0%	414
DIET COKE® - LARGE (32 OZ)	0	0	0	0	0	0	30	0	0	0	0	0%	0%	0%	0%	651
DIET COKE® - RT 44® (44 OZ)	0	0	0	0	0	0	40	0	0	0	0	0%	0%	0%	0%	887

Product	Calories (G)	Calories From Fat (G)	Total Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (MG)	Sodium (MG)	Carbs (G)	Fiber (G)	Sugar (G)	Protein (G)	Vitamin A	Vitamin C	Calcium	Iron	Weight (G)
COKE ZERO® - WACKY PACK® (12 OZ)	0	0	0	0	0	0	40	0	0	0	0	0%	0%	0%	0%	344
COKE ZERO® - SMALL (14 OZ)	0	0	0	0	0	0	40	0	0	0	0	0%	0%	0%	0%	354
COKE ZERO® - MEDIUM (20 OZ)	0	0	0	0	0	0	50	0	0	0	0	0%	0%	0%	0%	431
COKE ZERO® - LARGE (32 OZ)	0	0	0	0	0	0	75	0	0	0	0	0%	0%	0%	0%	678
COKE ZERO® - ROUTE 44® (44 OZ)	5	0	0	0	0	0	105	0	0	0	0	0%	0%	0%	0%	924
DIET DR PEPPER® - WACKY PACK® (12 OZ)	0	0	0	0	0	0	55	0	0	0	0	0%	0%	0%	0%	266
DIET DR PEPPER® - SMALL (14 OZ)	0	0	0	0	0	0	70	0	0	0	0	0%	0%	0%	0%	340
DIET DR PEPPER® - MEDIUM (20 OZ)	0	0	0	0	0	0	85	0	0	0	0	0%	0%	0%	0%	414
DIET DR PEPPER® - LARGE (32 OZ)	0	0	0	0	0	0	135	0	0	0	0	0%	0%	0%	0%	651
DIET DR PEPPER® - RT 44® (44 OZ)	0	0	0	0	0	0	190	0	0	0	0	0%	0%	0%	0%	888
DR PEPPER® - WACKY PACK® (12 OZ)	100	0	0	0	0	0	35	29	0	29	0	0%	0%	0%	0%	278
DR PEPPER® - SMALL (14 OZ)	130	0	0	0	0	0	45	37	0	37	0	0%	0%	0%	0%	355
DR PEPPER® - MEDIUM (20 OZ)	160	0	0	0	0	0	50	45	0	45	0	0%	0%	0%	0%	432
DR PEPPER® - LARGE (32 OZ)	250	0	0	0	0	0	80	71	0	71	0	0%	0%	0%	0%	679
DR PEPPER® - RT 44® (44 OZ)	340	0	0	0	0	0	110	97	0	97	0	0%	0%	0%	0%	926
SPRITE® - WACKY PACK® (12 OZ)	110	0	0	0	0	0	25	29	0	29	0	0%	0%	0%	0%	277
SPRITE® - SMALL (14 OZ)	140	0	0	0	0	0	30	37	0	37	0	0%	0%	0%	0%	354
SPRITE® - MEDIUM (20 OZ)	170	0	0	0	0	0	40	45	0	45	0	0%	0%	0%	0%	431
SPRITE® - LARGE (32 OZ)	270	0	0	0	0	0	60	71	0	71	0	0%	0%	0%	0%	677
SPRITE® - RT 44® (44 OZ)	360	0	0	0	0	0	80	97	0	97	0	0%	0%	0%	0%	923
SPRITE ZERO® - WACKY PACK® (12 OZ)	5	0	0	0	0	0	5	0	0	0	0	0%	0%	0%	0%	266
SPRITE ZERO® - SMALL (14 OZ)	5	0	0	0	0	0	10	0	0	0	0	0%	0%	0%	0%	340

Product	Calories (G)	Calories From Fat (G)	Total Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (MG)	Sodium (MG)	Carbs (G)	Fiber (G)	Sugar (G)	Protein (G)	Vitamin A	Vitamin C	Calcium	Iron	Weight (G)
SPRITE ZERO® - MEDIUM (20 OZ)	5	0	0	0	0	0	10	0	0	0	0	0%	0%	0%	0%	414
SPRITE ZERO® - LARGE (32 OZ)	5	0	0	0	0	0	15	0	0	0	0	0%	0%	0%	0%	651
SPRITE ZERO® - RT 44® (44 OZ)	10	0	0	0	0	0	20	0	0	0	0	0%	0%	0%	0%	888
BARQ'S® ROOT BEER - WACKY PACK® (12 OZ)	130	0	0	0	0	0	25	34	0	34	0	0%	0%	0%	0%	281
BARQ'S® ROOT BEER - SMALL (14 OZ)	160	0	0	0	0	0	35	43	0	43	0	0%	0%	0%	0%	356
BARQ'S® ROOT BEER - MEDIUM (20 OZ)	190	0	0	0	0	0	40	52	0	52	0	0%	0%	0%	0%	433
BARQ'S® ROOT BEER - LARGE (32 OZ)	310	0	0	0	0	0	65	82	0	82	0	0%	0%	0%	0%	681
BARQ'S® ROOT BEER - RT 44® (44 OZ)	420	0	0	0	0	0	90	112	0	112	0	0%	0%	0%	0%	928
HI-C® FRUIT PUNCH - WACKY PACK® (12 OZ)	120	0	0	0	0	0	10	31	0	31	0	0%	110%	0%	0%	278
HI-C® FRUIT PUNCH - SMALL (14 OZ)	150	0	0	0	0	0	15	40	0	40	0	0%	140%	0%	0%	356
HI-C® FRUIT PUNCH - MEDIUM (20 OZ)	180	0	0	0	0	0	15	49	0	49	0	0%	170%	0%	0%	432
HI-C® FRUIT PUNCH - LARGE (32 OZ)	290	0	0	0	0	0	25	77	0	77	0	0%	270%	0%	0%	679
HI-C® FRUIT PUNCH - RT 44® (44 OZ)	390	0	0	0	0	0	35	105	0	105	0	0%	370%	0%	0%	926
MINUTE MAID® LEMONADE - WACKY PACK® (12 OZ)	140	0	0	0	0	0	55	36	0	36	0	0%	0%	0%	0%	344
MINUTE MAID® LEMONADE - SMALL (14 OZ)	140	0	0	0	0	0	60	37	0	37	0	0%	0%	0%	0%	354
MINUTE MAID® LEMONADE - MEDIUM (20 OZ)	170	0	0	0	0	0	70	45	0	45	0	0%	0%	0%	0%	431
MINUTE MAID® LEMONADE - LARGE (32 OZ)	270	0	0	0	0	0	115	71	0	71	0	0%	0%	0%	0%	678
MINUTE MAID® LEMONADE - RT 44® (44 OZ)	360	0	0	0	0	0	150	97	0	97	0	0%	0%	0%	0%	924
FANTA® ORANGE - WACKY PACK (12 OZ)	120	0	0	0	0	0	5	33	0	33	0	0%	0%	0%	0%	269
FANTA® ORANGE - SMALL (14 OZ)	150	0	0	0	0	0	10	42	0	42	0	0%	0%	0%	0%	344
FANTA® ORANGE - MEDIUM (20 OZ)	190	0	0	0	0	0	10	51	0	51	0	0%	0%	0%	0%	418
FANTA® ORANGE - LARGE (32 OZ)	290	0	0	0	0	0	15	80	0	80	0	0%	0%	0%	0%	657
FANTA® ORANGE - RT 44® (44 OZ)	400	0	0	0	0	0	20	109	0	109	0	0%	0%	0%	0%	896
*MELLO YELLO® - WACKY PACK® (12 OZ)	120	0	0	0	0	0	10	33	0	33	0	0%	0%	0%	0%	278
*MELLO YELLO® - SMALL (14 OZ)	150	0	0	0	0	0	10	42	0	42	0	0%	0%	0%	0%	357
*MELLO YELLO® - MEDIUM (20 OZ)	190	0	0	0	0	0	15	51	0	51	0	0%	0%	0%	0%	432

Product	Calories (G)	Calories From Fat (G)	Total Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (MG)	Sodium (MG)	Carbs (G)	Fiber (G)	Sugar (G)	Protein (G)	Vitamin A	Vitamin C	Calcium	Iron	Weight (G)
*MELLO YELLO® - LARGE (32 OZ)	290	0	0	0	0	0	20	80	0	80	0	0%	0%	0%	0%	678
*MELLO YELLO® - RT 44® (44 OZ)	400	0	0	0	0	0	30	109	0	109	0	0%	0%	0%	0%	925
MINUTE MAID® JUICES																
MINUTE MAID® CRANBERRY** - WACKY PACK® (12 OZ)	130	0	0	0	0	0	15	36	0	35	0	0%	110%	0%	0%	279
MINUTE MAID® CRANBERRY** - REGULAR (14 OZ)	150	0	0	0	0	0	20	40	0	39	0	0%	120%	0%	0%	310
MINUTE MAID® CRANBERRY** - LARGE (20 OZ)	210	0	0	0	0	0	25	56	0	54	0	0%	180%	0%	0%	435
MINUTE MAID® ORANGE JUICE - WACKY PACK® (12 OZ)	130	0	0	0	0	0	20	30	0	27	2	0%	150%	2%	0%	282
MINUTE MAID® ORANGE JUICE - REGULAR (14 OZ)	140	0	0	0	0	0	20	33	0	29	2	0%	160%	2%	0%	305
*MINUTE MAID® ORANGE JUICE - LARGE (20 OZ)	200	0	0	0	0	0	30	48	0	42	3	0%	230%	4%	0%	440
MINUTE MAID® APPLE JUICE BOX	100	0	0	0	0	0	15	23	0	21	0	0%	100%	10%	0%	191
ICED TEAS																
ICED TEA - WACKY PACK® (12 OZ)	5	0	0	0	0	0	10	1	0	0	0	0%	0%	0%	0%	266
ICED TEA - SMALL (14 OZ)	5	0	0	0	0	0	10	1	0	0	0	0%	0%	0%	0%	340
ICED TEA - MEDIUM (20 OZ)	5	0	0	0	0	0	10	1	0	0	0	0%	0%	0%	0%	414
ICED TEA - LARGE (32 OZ)	5	0	0	0	0	0	20	2	0	0	0	0%	0%	0%	0%	651
ICED TEA - RT 44® (44 OZ)	10	0	0	0	0	0	25	3	0	0	0	0%	0%	0%	0%	887
SWEET ICED TEA - WACKY PACK® (12 OZ)	120	0	0	0	0	0	5	31	0	30	0	0%	0%	0%	0%	277
SWEET ICED TEA - SMALL (14 OZ)	150	0	0	0	0	0	10	39	0	38	0	0%	0%	0%	0%	354
SWEET ICED TEA - MEDIUM (20 OZ)	180	0	0	0	0	0	10	48	0	47	0	0%	0%	0%	0%	431
SWEET ICED TEA - LARGE (32 OZ)	290	0	0	0	0	0	20	75	0	73	0	0%	0%	0%	0%	678
SWEET ICED TEA - RT 44® (44 OZ)	400	0	0	0	0	0	25	103	0	100	0	0%	0%	0%	0%	924
RASPBERRY ICED TEA - WACKY PACK® (12 OZ)	5	0	0	0	0	0	15	1	0	0	0	0%	0%	0%	0%	266

Product	Calories (G)	Calories From Fat (G)	Total Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (MG)	Sodium (MG)	Carbs (G)	Fiber (G)	Sugar (G)	Protein (G)	Vitamin A	Vitamin C	Calcium	Iron	Weight (G)
RASPBERRY ICED TEA - SMALL (14 OZ)	5	0	0	0	0	0	15	1	0	0	0	0%	0%	0%	0%	340
RASPBERRY ICED TEA - MEDIUM (20 OZ)	5	0	0	0	0	0	25	2	0	0	0	0%	0%	0%	0%	414
RASPBERRY ICED TEA - LARGE (32 OZ)	10	0	0	0	0	0	40	2	0	0	0	0%	2%	0%	0%	651
RASPBERRY ICED TEA - RT 44® (44 OZ)	10	0	0	0	0	0	50	3	1	0	0	0%	2%	0%	0%	887
PEACH ICED TEA - WACKY PACK® (12 OZ)	5	0	0	0	0	0	15	1	0	0	0	0%	0%	0%	0%	266
PEACH ICED TEA - SMALL (14 OZ)	5	0	0	0	0	0	15	1	0	0	0	0%	0%	0%	0%	340
PEACH ICED TEA - MEDIUM (20 OZ)	5	0	0	0	0	0	25	1	0	0	0	0%	0%	0%	0%	414
PEACH ICED TEA - LARGE (32 OZ)	10	0	0	0	0	0	40	2	0	0	0	0%	0%	0%	0%	651
PEACH ICED TEA - RT 44® (44 OZ)	10	0	0	0	0	0	55	3	0	0	0	0%	0%	0%	0%	887
CRANBERRY** TEA - WACKY PACK® (12 OZ)	20	0	0	0	0	0	10	6	0	5	0	0%	15%	0%	0%	267
CRANBERRY** TEA - SMALL (14 OZ)	20	0	0	0	0	0	10	6	0	5	0	0%	15%	0%	0%	341
CRANBERRY** TEA - MEDIUM (20 OZ)	40	0	0	0	0	0	15	11	0	10	0	0%	30%	0%	0%	416
CRANBERRY** TEA - LARGE (32 OZ)	60	0	0	0	0	0	25	17	0	15	0	0%	45%	0%	0%	655
CRANBERRY** TEA - RT 44® (44 OZ)	80	0	0	0	0	0	35	23	0	19	0	0%	60%	0%	0%	892
*GREEN TEA - WACKY PACK® (12 OZ)	90	0	0	0	0	0	10	24	0	23	0	0%	110%	0%	0%	251
*GREEN TEA - SMALL (14 OZ)	110	0	0	0	0	0	10	32	0	30	0	0%	150%	0%	0%	325
*GREEN TEA - MEDIUM (20 OZ)	140	0	0	0	0	0	10	37	0	36	0	0%	170%	0%	0%	384
*GREEN TEA - LARGE (32 OZ)	210	0	0	0	0	0	20	59	0	56	0	0%	270%	0%	0%	606
*GREEN TEA - ROUTE 44® (44 OZ)	290	0	0	0	0	0	25	80	0	77	0	0%	370%	0%	0%	827
*DIET GREEN TEA - WACKY PACK® (12 OZ)	0	0	0	0	0	0	5	0	0	0	0	0%	0%	0%	0%	251
*DIET GREEN TEA - SMALL (14 OZ)	5	0	0	0	0	0	10	0	0	0	0	0%	0%	0%	0%	325
*DIET GREEN TEA - MEDIUM (20 OZ)	5	0	0	0	0	0	10	0	0	0	0	0%	0%	0%	0%	384
*DIET GREEN TEA - LARGE (32 OZ)	5	0	0	0	0	0	20	1	0	1	0	0%	0%	0%	0%	606
*DIET GREEN TEA - ROUTE 44® (44 OZ)	10	0	0	0	0	0	25	1	0	1	0	0%	0%	0%	0%	827
BOTTLED WATER																
SONIC WAVE® (16.9 OZ)	0	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	0

Product	Calories (G)	Calories From Fat (G)	Total Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (MG)	Sodium (MG)	Carbs (G)	Fiber (G)	Sugar (G)	Protein (G)	Vitamin A	Vitamin C	Calcium	Iron	Weight (G)
LIMEADES																
LIMEADE - WACKY PACK® (12 OZ)	110	0	0	0	0	0	25	30	0	29	0	0%	4%	0%	0%	284
LIMEADE - SMALL (14 OZ)	140	0	0	0	0	0	30	38	0	37	0	0%	4%	0%	0%	361
LIMEADE - MEDIUM (20 OZ)	170	0	0	0	0	0	40	47	0	46	0	0%	8%	0%	0%	445
LIMEADE - LARGE (32 OZ)	270	0	0	0	0	0	60	73	0	72	0	0%	8%	0%	0%	691
LIMEADE - RT 44® (44 OZ)	370	0	0	0	0	0	85	100	0	98	0	0%	15%	0%	0%	951
LOW-CAL DIET LIME LIMEADE - WACKY PACK® (12 OZ)	5	0	0	0	0	0	5	1	0	0	0	0%	4%	0%	0%	273
LOW-CAL DIET LIME LIMEADE - SMALL (14 OZ)	5	0	0	0	0	0	10	1	0	0	0	0%	4%	0%	0%	347
LOW-CAL DIET LIME LIMEADE - MEDIUM (20 OZ)	10	0	0	0	0	0	10	1	0	0	0	0%	8%	0%	0%	428
LOW-CAL DIET LIME LIMEADE - LARGE (32 OZ)	10	0	0	0	0	0	15	1	0	0	0	0%	8%	0%	0%	665
LOW-CAL DIET LIME LIMEADE - RT 44® (44 OZ)	15	0	0	0	0	0	25	2	0	0	0	0%	15%	0%	0%	916
CHERRY LIMEADE - WACKY PACK® (12 OZ)	140	0	0	0	0	0	30	37	0	36	0	0%	4%	0%	0%	290
CHERRY LIMEADE - SMALL (14 OZ)	170	0	0	0	0	0	35	45	0	44	0	0%	4%	0%	0%	367
CHERRY LIMEADE - MEDIUM (20 OZ)	220	0	0	0	0	0	45	59	0	57	0	0%	8%	0%	0%	453
CHERRY LIMEADE - LARGE (32 OZ)	340	0	0	0	0	0	65	91	0	88	0	0%	10%	0%	0%	707
CHERRY LIMEADE - RT 44® (44 OZ)	460	0	0	0	0	0	90	122	0	120	0	0%	15%	0%	0%	962
LOW-CAL DIET CHERRY† LIMEADE - WACKY PACK® (12 OZ)	10	0	0	0	0	0	10	2	0	1	0	0%	4%	0%	0%	277
LOW-CAL DIET CHERRY† LIMEADE - SMALL (14 OZ)	10	0	0	0	0	0	10	2	0	1	0	0%	4%	0%	0%	350
LOW-CAL DIET CHERRY† LIMEADE - MEDIUM (20 OZ)	15	0	0	0	0	0	15	3	0	1	0	0%	8%	0%	0%	432
LOW-CAL DIET CHERRY† LIMEADE - LARGE (32 OZ)	20	0	0	0	0	0	25	4	0	1	0	0%	10%	0%	0%	676
LOW-CAL DIET CHERRY† LIMEADE - RT 44® (44 OZ)	25	0	0	0	0	0	30	4	0	1	0	0%	15%	0%	0%	920
STRAWBERRY LIMEADE - WACKY PACK® (12 OZ)	120	0	0	0	0	0	25	33	0	32	0	0%	15%	0%	0%	286
STRAWBERRY LIMEADE - SMALL (14 OZ)	150	0	0	0	0	0	35	41	0	40	0	0%	15%	0%	0%	363
STRAWBERRY LIMEADE - MEDIUM (20 OZ)	200	0	0	0	0	0	45	53	1	51	1	0%	25%	0%	2%	449

Product	Calories (G)	Calories From Fat (G)	Total Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (MG)	Sodium (MG)	Carbs (G)	Fiber (G)	Sugar (G)	Protein (G)	Vitamin A	Vitamin C	Calcium	Iron	Weight (G)
STRAWBERRY LIMEADE - LARGE (32 OZ)	310	0	0	0	0	0	70	83	1	80	1	0%	40%	2%	0%	704
STRAWBERRY LIMEADE - RT 44® (44 OZ)	420	0	0	0	0	0	95	112	2	109	1	0%	50%	2%	2%	959
MINUTE MAID® CRANBERRY** LIMEADE - WACKY PACK® (12 OZ)	120	0	0	0	0	0	25	33	0	32	0	0%	15%	0%	0%	284
MINUTE MAID® CRANBERRY** LIMEADE - SMALL (14 OZ)	150	0	0	0	0	0	35	41	0	41	0	0%	15%	0%	0%	361
MINUTE MAID® CRANBERRY** LIMEADE - MEDIUM (20 OZ)	200	0	0	0	0	0	40	53	0	52	0	0%	30%	0%	0%	445
MINUTE MAID® CRANBERRY** LIMEADE - LARGE (32 OZ)	310	0	0	0	0	0	65	83	0	81	0	0%	50%	0%	0%	698
MINUTE MAID® CRANBERRY** LIMEADE - RT 44® (44 OZ)	420	0	0	0	0	0	90	113	0	110	0	0%	60%	0%	0%	951
POWERADE® DRINKS & SLUSHES																
POWERADE® MOUNTAIN BLAST® - WACKY PACK® (12 OZ)	70	0	0	0	0	0	60	19	0	19	0	0%	0%	0%	0%	273
POWERADE® MOUNTAIN BLAST® - SMALL (14 OZ)	90	0	0	0	0	0	75	24	0	24	0	0%	0%	0%	0%	349
POWERADE® MOUNTAIN BLAST® - MED. (20 OZ)	110	0	0	0	0	0	95	30	0	30	0	0%	0%	0%	0%	425
POWERADE® MOUNTAIN BLAST® - LARGE (32 OZ)	180	0	0	0	0	0	150	47	0	47	0	0%	0%	0%	0%	668
POWERADE® MOUNTAIN BLAST® - RT 44® (44 OZ)	240	0	0	0	0	0	200	64	0	64	0	0%	0%	0%	0%	912
POWERADE® MOUNTAIN BLAST® SLUSH - WACKY PACK® (12 OZ)	170	0	0	0	0	0	45	46	0	46	0	0%	0%	0%	0%	336
POWERADE® MOUNTAIN BLAST® SLUSH - SMALL (14 OZ)	200	0	0	0	0	0	50	53	0	53	0	0%	0%	0%	0%	392
POWERADE® MOUNTAIN BLAST® SLUSH - MED. (20 OZ)	290	0	0	0	0	0	80	78	0	78	0	0%	0%	0%	0%	561
POWERADE® MOUNTAIN BLAST® SLUSH - LARGE (32 OZ)	460	0	0	0	0	0	120	124	0	124	0	0%	0%	0%	0%	897
POWERADE® MOUNTAIN BLAST® SLUSH - RT 44® (44 OZ)	630	0	0	0	0	0	170	170	0	170	0	0%	0%	0%	0%	1233
OCEAN WATER®																
OCEAN WATER® - WACKY PACK® (12 OZ)	120	0	0	0	0	0	25	33	0	32	0	0%	0%	0%	0%	278
OCEAN WATER® - SMALL (14 OZ)	150	0	0	0	0	0	35	41	0	40	0	0%	0%	0%	0%	355
OCEAN WATER® - MEDIUM (20 OZ)	200	0	0	0	0	0	40	53	0	51	0	0%	0%	0%	2%	433

Product	Calories (G)	Calories From Fat (G)	Total Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (MG)	Sodium (MG)	Carbs (G)	Fiber (G)	Sugar (G)	Protein (G)	Vitamin A	Vitamin C	Calcium	Iron	Weight (G)
OCEAN WATER® - LARGE (32 OZ)	310	0	0	0	0	0	65	81	0	78	0	0%	0%	0%	2%	663
OCEAN WATER® - RT 44® (44 OZ)	430	0	0	0	0	0	90	112	0	109	0	0%	0%	0%	2%	929
ADD-IN FLAVORS & TOPPINGS																
POWERADE® - WACKY PACK®	25	0	0	0	0	0	20	6	0	6	0	0%	0%	0%	0%	17
POWERADE® - SMALL	25	0	0	0	0	0	20	6	0	6	0	0%	0%	0%	0%	17
POWERADE® - MEDIUM	50	0	0	0	0	0	40	13	0	13	0	0%	0%	0%	0%	34
POWERADE® - LARGE	70	0	0	0	0	0	60	19	0	19	0	0%	0%	0%	0%	52
POWERADE® - RT 44®	100	0	0	0	0	0	80	26	0	26	0	0%	0%	0%	0%	69
VANILLA - WACKY PACK®	20	0	0	0	0	0	0	5	0	5	0	0%	0%	0%	0%	9
VANILLA - SMALL	20	0	0	0	0	0	0	5	0	5	0	0%	0%	0%	0%	9
VANILLA - MEDIUM	40	0	0	0	0	0	0	11	0	11	0	0%	0%	0%	0%	19
VANILLA - LARGE	60	0	0	0	0	0	0	16	0	16	0	0%	0%	0%	0%	28
VANILLA - RT 44®	80	0	0	0	0	0	5	21	0	21	0	0%	0%	0%	0%	37
CHOCOLATE TOPPING - WACKY PACK®	50	0	0	0	0	0	20	13	0	0	0	0%	0%	0%	2%	19
CHOCOLATE TOPPING - SMALL	50	0	0	0	0	0	20	13	0	0	0	0%	0%	0%	2%	19
CHOCOLATE TOPPING - MEDIUM	110	0	0	0	0	0	40	25	0	0	0	0%	0%	0%	4%	38
CHOCOLATE TOPPING - LARGE	160	0	0	0	0	0	60	38	0	0	0	0%	0%	0%	6%	57
CHOCOLATE TOPPING - RT 44®	210	0	0	0	0	0	80	51	0	0	0	0%	0%	0%	8%	76
CHERRY - WACKY PACK®	30	0	0	0	0	0	0	8	0	7	0	0%	0%	0%	0%	14
CHERRY - SMALL	30	0	0	0	0	0	0	8	0	7	0	0%	0%	0%	0%	14
CHERRY - MEDIUM	50	0	0	0	0	0	5	14	0	13	0	0%	0%	0%	0%	23
CHERRY - LARGE	70	0	0	0	0	0	10	20	0	19	0	0%	0%	0%	0%	33
CHERRY - RT 44®	100	0	0	0	0	0	10	26	0	25	0	0%	0%	0%	0%	42
LOW-CAL DIET CHERRY+ - WACKY PACK®	5	0	0	0	0	0	0	2	0	1	0	0%	0%	0%	0%	11

Product	Calories (G)	Calories From Fat (G)	Total Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (MG)	Sodium (MG)	Carbs (G)	Fiber (G)	Sugar (G)	Protein (G)	Vitamin A	Vitamin C	Calcium	Iron	Weight (G)
LOW-CAL DIET CHERRY† - SMALL	5	0	0	0	0	0	0	2	0	1	0	0%	0%	0%	0%	11
LOW-CAL DIET CHERRY† - MEDIUM	10	0	0	0	0	0	5	2	0	1	0	0%	0%	0%	0%	19
LOW-CAL DIET CHERRY† - LARGE	10	0	0	0	0	0	5	2	0	1	0	0%	0%	0%	0%	26
LOW-CAL DIET CHERRY† - RT 44®	10	0	0	0	0	0	10	2	0	1	0	0%	0%	0%	0%	34
GRAPE - WACKY PACK®	20	0	0	0	0	0	5	5	0	5	0	0%	0%	0%	0%	9
GRAPE - SMALL	20	0	0	0	0	0	5	5	0	5	0	0%	0%	0%	0%	9
GRAPE - MEDIUM	40	0	0	0	0	0	10	9	0	9	0	0%	0%	0%	0%	19
GRAPE - LARGE	60	0	0	0	0	0	15	14	0	14	0	0%	0%	0%	0%	28
GRAPE - RT 44®	80	0	0	0	0	0	25	19	0	18	0	0%	2%	0%	0%	38
GREEN APPLE - WACKY PACK®	30	0	0	0	0	0	0	7	0	6	0	0%	0%	0%	0%	10
GREEN APPLE - SMALL	30	0	0	0	0	0	0	7	0	6	0	0%	0%	0%	0%	10
GREEN APPLE - MEDIUM	60	0	0	0	0	0	5	15	0	11	0	0%	0%	0%	0%	20
GREEN APPLE - LARGE	90	0	0	0	0	0	10	22	0	17	0	0%	0%	0%	0%	30
GREEN APPLE - RT 44®	120	0	0	0	0	0	15	29	0	22	0	0%	0%	0%	0%	40
ORANGE - WACKY PACK®	20	0	0	0	0	0	0	5	0	4	0	0%	0%	0%	0%	9
ORANGE - SMALL	20	0	0	0	0	0	0	5	0	4	0	0%	0%	0%	0%	9
ORANGE - MEDIUM	40	0	0	0	0	0	5	10	0	8	0	0%	0%	0%	0%	18
ORANGE - LARGE	60	0	0	0	0	0	10	15	0	13	0	0%	0%	0%	0%	28
ORANGE - RT 44®	80	0	0	0	0	0	15	20	0	17	0	0%	0%	0%	0%	37
BLUE COCONUT - WACKY PACK®	20	0	0	0	0	0	0	5	0	4	0	0%	0%	0%	0%	9
BLUE COCONUT - SMALL	20	0	0	0	0	0	0	5	0	4	0	0%	0%	0%	0%	9
BLUE COCONUT - MEDIUM	35	0	0	0	0	0	5	9	0	7	0	0%	0%	0%	2%	18
BLUE COCONUT - LARGE	60	0	0	0	0	0	10	14	0	11	0	0%	0%	0%	2%	27
BLUE COCONUT - RT 44®	70	0	0	0	0	0	10	18	0	15	0	0%	0%	0%	2%	36

Product	Calories (G)	Calories From Fat (G)	Total Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (MG)	Sodium (MG)	Carbs (G)	Fiber (G)	Sugar (G)	Protein (G)	Vitamin A	Vitamin C	Calcium	Iron	Weight (G)
WATERMELON - WACKY PACK®	25	0	0	0	0	0	0	6	0	4	0	0%	0%	0%	0%	10
WATERMELON - SMALL	25	0	0	0	0	0	0	6	0	4	0	0%	0%	0%	0%	10
WATERMELON - MEDIUM	45	0	0	0	0	0	5	12	0	8	0	0%	0%	0%	0%	19
WATERMELON - LARGE	70	0	0	0	0	0	10	17	0	13	0	0%	0%	0%	0%	29
WATERMELON - RT 44®	90	0	0	0	0	0	15	23	0	17	0	0%	0%	0%	0%	38
FRESH LEMON - WACKY PACK®	0	0	0	0	0	0	0	1	0	0	0	0%	6%	0%	0%	9
FRESH LEMON - SMALL	0	0	0	0	0	0	0	1	0	0	0	0%	6%	0%	0%	9
FRESH LEMON - MEDIUM	5	0	0	0	0	0	0	2	0	0	0	0%	15%	0%	0%	18
FRESH LEMON - LARGE	5	0	0	0	0	0	0	2	0	1	0	0%	20%	0%	0%	27
FRESH LEMON - RT 44®	10	0	0	0	0	0	0	3	0	1	0	0%	30%	0%	0%	36
FRESH LIME - WACKY PACK®	0	0	0	0	0	0	0	1	0	0	0	0%	4%	0%	0%	7
FRESH LIME - SMALL	0	0	0	0	0	0	0	1	0	0	0	0%	4%	0%	0%	7
FRESH LIME - MEDIUM	5	0	0	0	0	0	0	1	0	0	0	0%	8%	0%	0%	14
FRESH LIME - LARGE	5	0	0	0	0	0	0	2	0	0	0	0%	10%	0%	0%	21
FRESH LIME - RT 44®	5	0	0	0	0	0	0	2	0	0	0	0%	15%	0%	0%	28
STRAWBERRY TOPPING - WACKY PACK®	20	0	0	0	0	0	0	5	0	4	0	0%	10%	0%	0%	18
STRAWBERRY TOPPING - SMALL	20	0	0	0	0	0	0	5	0	4	0	0%	10%	0%	0%	18
STRAWBERRY TOPPING - MEDIUM	40	0	0	0	0	0	10	10	1	9	0	0%	20%	0%	2%	35
STRAWBERRY TOPPING - LARGE	60	0	0	0	0	0	10	14	1	13	0	0%	30%	0%	2%	53
STRAWBERRY TOPPING - RT 44®	80	0	0	0	0	0	15	19	2	18	0	0%	40%	2%	2%	70
PINEAPPLE TOPPING - WACKY PACK®	25	0	0	0	0	0	0	6	0	5	0	0%	15%	0%	0%	18
PINEAPPLE TOPPING - SMALL	25	0	0	0	0	0	0	6	0	5	0	0%	15%	0%	0%	18
PINEAPPLE TOPPING - MEDIUM	45	0	0	0	0	0	5	11	0	10	0	0%	25%	0%	0%	35
PINEAPPLE TOPPING - LARGE	70	0	0	0	0	0	10	17	0	15	0	0%	40%	0%	0%	53

Product	Calories (G)	Calories From Fat (G)	Total Fat (G)	Saturated Fat (G)	Trans Fat (G)	Cholesterol (MG)	Sodium (MG)	Carbs (G)	Fiber (G)	Sugar (G)	Protein (G)	Vitamin A	Vitamin C	Calcium	Iron	Weight (G)
PINEAPPLE TOPPING - RT 44®	90	0	0	0	0	0	10	22	0	20	0	0%	50%	0%	0%	70
CARAMEL TOPPING - WACKY PACK®	60	5	1	0.5	0	0	60	13	0	8	0	0%	0%	0%	0%	19
CARAMEL TOPPING - SMALL	60	5	1	0.5	0	0	60	13	0	8	0	0%	0%	0%	0%	19
CARAMEL TOPPING - MEDIUM	120	15	1.5	1	0	5	120	25	0	16	0	0%	0%	0%	0%	38
CARAMEL TOPPING - LARGE	180	20	2.5	1.5	0	5	180	38	0	24	0	0%	0%	0%	0%	57
CARAMEL TOPPING - RT 44®	240	25	3	2	0	10	240	50	0	32	0	0%	0%	0%	0%	76
HOT FUDGE TOPPING - WACKY PACK®	70	20	2.5	2	0	0	30	11	1	8	1	0%	0%	0%	6%	19
HOT FUDGE TOPPING - SMALL	70	20	2.5	2	0	0	30	11	1	8	1	0%	0%	0%	6%	19
HOT FUDGE TOPPING - MEDIUM	130	40	4.5	4	0	0	60	22	1	16	1	0%	0%	0%	10%	38
HOT FUDGE TOPPING - LARGE	200	60	7	6	0	0	90	32	2	25	2	0	0%	0%	15%	57
HOT FUDGE TOPPING - RT 44®	270	80	9	8	0	0	125	43	2	33	2	0	0%	0%	25%	76
MINUTE MAID® CRANBERRY** - WACKY PACK®	20	0	0	0	0	0	0	5	0	5	0	0%	15%	0%	0%	9
MINUTE MAID® CRANBERRY** - SMALL	20	0	0	0	0	0	0	5	0	5	0	0%	15%	0%	0%	9
MINUTE MAID® CRANBERRY** - MEDIUM	40	0	0	0	0	0	0	10	0	10	0	0%	30%	0%	0%	18
MINUTE MAID® CRANBERRY** - LARGE	60	0	0	0	0	0	5	15	0	15	0	0%	45%	0%	0%	28
MINUTE MAID® CRANBERRY** - RT 44®	80	0	0	0	0	0	10	20	0	19	0	0%	60%	0%	0%	37
CONDIMENTS																
MUSTARD	5	0	0	0	0	0	55	0	0	0	0	0%	0%	0%	0%	6
MAYONNAISE	100	100	11	1.5	0	10	55	1	0	0	0	0%	0%	0%	0%	14
KETCHUP	10	0	0	0	0	0	110	2	0	2	0	0%	0%	0%	0%	9
MARINARA SAUCE	15	0	0	0	0	0	270	3	1	2	0	4%	0%	0%	2%	28
PICANTE SAUCE	5	0	0	0	0	0	140	1	0	0	0	2%	0%	0%	0%	14
*HICKORY BBQ SAUCE	40	0	0	0	0	0	450	10	0	8	0	2%	2%	0%	2%	28
LIMITED TIME ONLY PRODUCTS***																
***CHILI CHEESEBURGER	740	410	46	18	2	125	1020	43	2	6	37	10	2	30	30	238
***JR. CHILI CHEESEBURGER	410	220	24	9	0.5	60	730	32	1	4	20	8%	0%	15%	15%	137

As of 12/21/2011

*Products with an asterisk represent optional items which may NOT be available in all locations.

**Cranberry consists of a Cranberry Juice Cocktail. Fruit and additional flavors may cost extra. "Coke," "Diet Coke," "Sprite," "Sprite Zero," "Barq's," "Fanta," "Minute Maid," "Hi-C," "POWERADE," and "Mountain Blast" are trademarks of The Coca-Cola Company. "Barq's" is a trademark of Barq's Inc. SNICKERS(R) is a trademark of Mars, Incorporated. Nuts may come in contact with your food even if ordered without nuts. All rights reserved.

Sugar is in all slush mixes, lemons, limes, maraschino cherries and other flavorings or toppings added to the diet drinks, including limeades.

+Sugar is not in Lo-Cal Diet Cherry flavoring only. Flavorings containing artificial sweeteners (sucralose) include: Low-Cal Diet Cherry, Peach and Raspberry.

SONIC® offers fresh bananas, limes and lemons. SONIC cherries, strawberries and pineapple are processed.

Daily recommended limits for a 2,000 calorie diet are 20 grams of saturated fat and 2,300 milligrams of sodium per day.

***Limited Time Only ("LTO") products are normally offered for thirty days. However, LTOs may be offered for more or fewer than thirty days depending on drive-in location and menu items vary depending on drive-in locale and product availability. Contact your participating Sonic Drive-in for product availability and details.

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